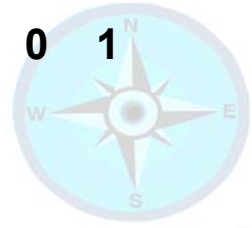

N A V I G A T I O N 1 0 1

GRADE: 10

LESSON: 12

THEME: PLANNING FOR NEXT YEAR



LESSON GOALS:

- Review coursework needs (both minimum for graduation and optimum for postsecondary).
- Update the **Four-Year Plan**.
- Prepare students for the course registration process for next year.

ESSENTIAL QUESTIONS:

- What courses do I need to reach my goals?
- What should I do next year?

MATERIALS NEEDED:

- **High School Course Requirements** (*next page of this lesson plan – share with parents too*)
- **Four-Year Plan Worksheet** (*final page of this lesson plan*)
- **Course catalog**
- **Scheduling video** (*if you wish, from your lead advisor*)

CLASSROOM ACTIVITIES:

1. **Discuss coursework needs.** Research shows that taking advanced or “gatekeeper” courses in high school is the single most important thing a student can do to succeed in postsecondary school – more important than grades. Distribute the **High School Course Requirements** handout and review both the **minimum course requirements** to graduate and the courses **counselors recommend** students take. If you wish, show the Scheduling video. (*10-15 minutes*)
2. **Update the Four-Year Plan.** Distribute a copy of the **Four-Year Plan Worksheet** to each student. Then, using a course catalog, help students update their plan for their remaining two years. You might want to focus on the electives that are available for different career pathways. You may want to schedule an individual meeting with each student. (*10-15 minutes*)
3. **Review the course registration process.** Students’ Four-Year Plans will be the first step in the course registration process for next year. Review how the course registration process will work and how students and their parents will be involved. (*5 minutes*)

STUDENT PRODUCTS:

- **Four-Year Plan.** Each student should complete a Four-Year Plan.



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Rev 8/07

HIGH SCHOOL COURSE REQUIREMENTS



WHAT COURSES DO YOU NEED IN HIGH SCHOOL?

What courses will you need to take in high school to succeed in college or in a career? Here's what's required to graduate in Washington State, as well as what school counselors suggest you take (in addition to the minimum) to prepare yourself for the future. Note that your school may have different requirements.

LANGUAGE ARTS

OSPI requires: 3 credits **Counselors suggest:** 4 credits

Being able to read well, write fluently, and communicate clearly is absolutely essential for college or for any job. Language arts (English) classes will help you do that and develop an appreciation for literature.

MATHEMATICS

OSPI requires: 2 credits **Counselors suggest:** 3-4 credits

A good understanding of math is needed in our high-tech, 21st century world. You should aim to take math every year. Math courses include Algebra, Geometry, Trigonometry, Pre-calculus, and Calculus.

HISTORY and GEOGRAPHY

OSPI requires: 2.5 credits **Counselors suggest:** 2-3 credits

Social studies courses help you learn more about the world around us. These courses include Geography, Government, Civics, World History, World Cultures, US History, and Political Science.

SCIENCE

OSPI requires: 2 credits **Counselors suggest:** 3-4 credits

Science is important for any career path, as the study of science teaches you to observe carefully and use logical reasoning to answer questions. Courses include Chemistry, Geology, Biology, and Physics.

FOREIGN LANGUAGE

OSPI requires: 0 credits **Counselors suggest:** 2-4 credits

Most colleges require at least two years of study of a foreign language (such as Japanese, French, Spanish, Chinese, or Latin). Understanding the cultures and language of other countries is essential today.

VISUAL and PERFORMING ARTS

OSPI requires: 1 credit **Counselors suggest:** 1-2 credits

Studying the arts helps you learn to express yourself creatively and find new ways to interpret your surroundings. Arts courses include Art, Music, Photography, Drama, and Dance.

ELECTIVES

OSPI requires: 5.5 credits in general Electives
2 credits in Health & Fitness
1 credit in Occupational Education

The elective courses you take will be determined in part by the career pathway you select when you are in 9th grade. Your high school advisor will help you develop a **Four-year Plan** that tracks the courses you plan to take each year.

In each of these areas, register for the most advanced class level you can manage.



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FOUR-YEAR PLAN - Gr 10



Name: _____ Grade: _____ Advisor: _____

Career Pathway: _____

FRESHMAN YEAR

First Semester	Second Semester
Freshman English: _____	Freshman English: _____
Mathematics: _____	Mathematics: _____
Science: _____	Science: _____
Social Studies: _____	Social Studies: _____
Elective: _____	Elective: _____
Elective (Language?): _____	Elective (Language?): _____

SOPHOMORE YEAR

First Semester	Second Semester
Sophomore English: _____	Sophomore English: _____
Mathematics: _____	Mathematics: _____
Science: _____	Science: _____
Social Studies: _____	Social Studies: _____
Elective (Career?): _____	Elective (Fine Art?): _____
Elective (Language?): _____	Elective (Language?): _____

JUNIOR YEAR

First Semester	Second Semester
Junior English: _____	Junior English: _____
Social Studies: _____	Social Studies: _____
Mathematics: _____	Mathematics: _____
Science: _____	Science: _____
Elective (Language?): _____	Elective (Language?): _____
Elective (Fine Art): _____	Elective (Career?): _____

SENIOR YEAR

First Semester	Second Semester
Senior English: _____	Senior English: _____
Social Studies: _____	Social Studies: _____
Mathematics: _____	Mathematics: _____
Science: _____	Science: _____
Elective (Language?): _____	Elective (Language?): _____
Elective: _____	Elective: _____

Credits needed to graduate: _____ Credits this plan provides: _____



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